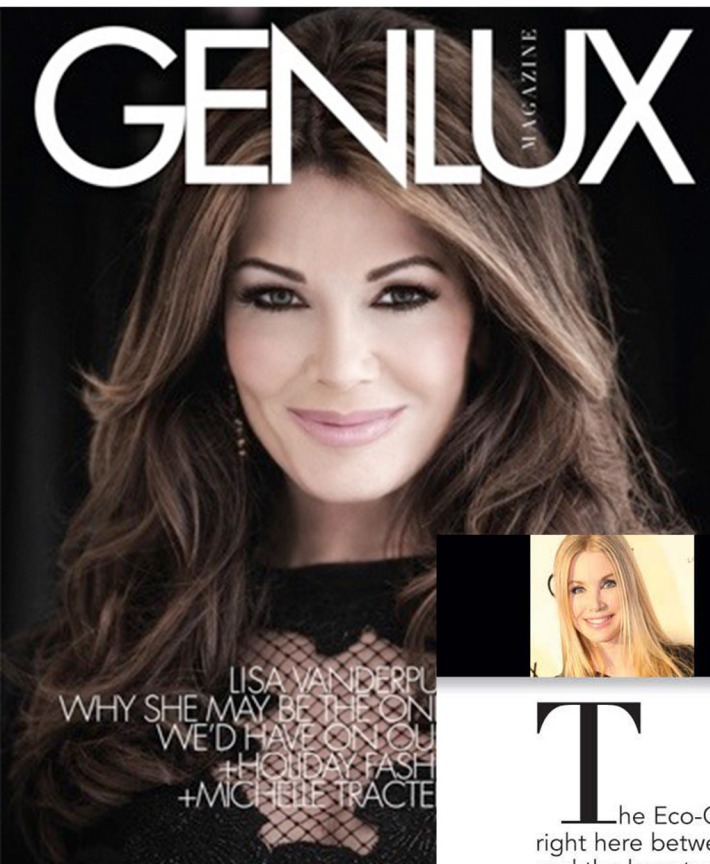


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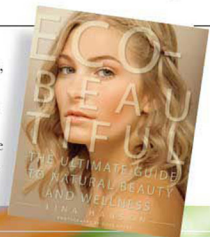


The Eco-Glam lifestyle was born right here between Malibu and Venice, and the beauty industry is catching on—waking up to our need to reduce our toxic intake. Yes, green really is the new black. Check out these healthy goods!

—Lisa Wayne

Eco-Beautiful

A how-to book by **Lina Hansen**, Hollywood makeup artist to the stars. Lina reveals her techniques using natural cosmetics that are good for the earth and kind to the skin. *Eco-Beautiful*, Rodale Press, \$21, rodaleinc.com

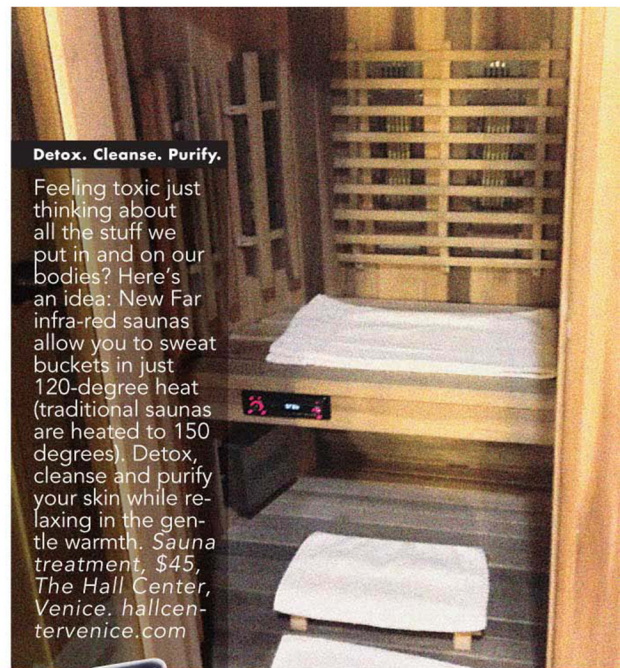


Ditch the triple half-cal vanilla latte and give your body what it needs. People are lining up for a healthy dose of nutrient-dense juices. Try the fresh-pressed carrot, apple, and ginger blend for a real pick-me-up at **M Café**—Chaya Brasserie's little sister. Handcrafted juices, \$6.50. M Café, 9433 Brighton Way, Beverly Hills, 310-858-8459

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Detox. Cleanse. Purify.

Feeling toxic just thinking about all the stuff we put in and on our bodies? Here's an idea: New Far infra-red saunas allow you to sweat buckets in just 120-degree heat (traditional saunas are heated to 150 degrees). Detox, cleanse and purify your skin while relaxing in the gentle warmth. *Sauna treatment, \$45, The Hall Center, Venice. hallcenter Venice.com*



Organic Nail Feast

Try this fabulous brand with the best colors ever! Safe and non-toxic, this means free of formaldehyde and toluene, which are known to be very harmful to your liver (yikes!) *Zoya nail polish, \$8, zoya.com*

LESS REALLY IS MORE

This eco-friendly eye makeup remover helps my lashes grow! Really? Yes! This completely organic product with fruit stem cells will take your lashes to their full growth potential. *Andalou Naturals Revitalizing Lash and Lid Make-up Remover, \$12, andalou.com*



Pure Delight

Pamper and protect your body's largest organ—your skin. 100% Pure brings us an assortment of nourishing creams in yummy flavors. Rub vitamins and antioxidants on daily. Visit their store in WeHo or shop online. *100% Pure Body Cream, \$15, all Vegan ingredients, 100percentpure.com*

