



The weather has warmed up and I'm itching to fly! My favorite destination is on the agenda—the French West Indies, and the little jewel that is St. Barths! —Lisa Wayne



Bed to Beach
The Tom Beach hotel on St. Barths sits conveniently at the water's edge



Pre-Boarding!

Glow to Go
Glowing skin is a must for your daring bikinis. **Portofino** does it better than anyone. Their heated sugar scrub, massage and shower all take place while lying down... ahhh! It's blissful relaxation that leaves your skin baby soft for days. *Signature Scrub, \$95, Portofino Sun Center & Spa, Beverly Hills, 310-276-8855, portofino.com*



Mani-Pedi, Do it Now!

It's the last thing you'll want to bother with. Think pretty neutrals like Essie's Topless on the Beach, or CHANEL's Eastern Lights, and Emprise for nails that mimic sand and seashells. Try hitting up the new **Q Salon** for an impeccable mani-pedi treatment. *Classic Mani-Pedi, \$45, 9040 Burton Way, Beverly Hills (across the street from the Four Seasons hotel)*



Q SALON

On the Plane!

Vacations are ready-made for short-stories. My new favorite collection is *The Light in the Piazza and Other Italian Tales* by Elizabeth Spencer, Banner Books, \$19.80, amazon.com



Hey, Mister!
Grab **Jurlique's Rose Water Balancing Mist** to keep your skin and hair hydrated. \$22, sephora.com



You've Arrived!

Cruise over to the **Tom Beach Hotel** on St. Barths for lunch on the sand. Ask for Guillaume if tables are scarce; tell him you're a friend of *Genlux*! The DJ mixes every afternoon and bikini fashion shows keep guests entertained. Later, with drink in hand, meander down to the water and find your lounge chair in paradise. *Tom Beach Hotel, (+590) 590 275 313, tombeach.com*



TOM BEACH HOTEL

'Pack light and plan to shop' is my motto! **Poupette** is the go-to place for the most delicious hand-sewn cover-ups and wraps. The pretty beadwork and understated prints make this boutique a first stop off the plane. *Poupette St. Barth's, (+590) 590 279 449, poupettestbarth.com*



In My Beach Bag

Design your own shoes!
Ever dream of being a shoe designer? **Salvatore Ferragamo** now gives us access to our inner child. Custom-make your very own Vara shoe. You choose the color of the leather, the bow and even the hardware, mix and match a zillion combinations... how fun! *Go to ferragamo.com*



FERRAGAMO VERA SHOE

Roll and Go!
Solumbra's darling sun hats with SPF 100+ built right in. Roll up, then unfold unwrinkled at your destination—smart! *Solumbra Sun Hats, from \$79, sunprecautions.com*



Private Beach Access! Want to lay out on pristine beaches? Fully crewed sailing yachts are the way to get there. These floating jewels are like mini-hotels. Take four or five couples, or your extended family, and share unforgettable moments under sail. *visailing.com*

Pacific wave yacht, summer rate for 6 guests/ 7 nights, \$16,000

